

William F. Erber, M.D., P.C.
Gastroenterology and Endoscopy
Diseases of the Digestive Tract, Liver and Pancreas
Board Certified

William F. Erber, M.D., F.A.C.P., F.A.C.G., A.G.A.F.
Jonathan A. Erber, M.D.

591 Ocean Parkway
Brooklyn, N.Y. 11218
Tel (718) 972-8500
Fax (718) 972-0064
www.drerber.com

PREPARATION FOR SONOGRAM

Appointment Day _____ Date _____ Time _____



Please follow these instructions in preparation for your sonogram:

- Do **not** eat solid foods for **6-8** hours prior to your sonogram appointment.
- If you are hungry prior to your appointment, you **may** have a clear liquid diet which consists of:

Tea, Jell-O®, and water. No carbonated beverages, sport drinks, or milk!
- **If you have an afternoon appointment (2 p.m. or later), you may eat breakfast at 7 a.m. Please do not eat any later than 7 a.m. as it will affect the test results.**
- Please only eat or drink what is listed on this instruction sheet. If you are unsure about a food or beverage, avoid it completely or call the office to make sure it is acceptable.